

# Friends Meeting Weekly Bulletin

*May the richness of our diversity strengthen our community and our love*

First Day (Sunday), 10/3/2010

- 9:00 am Meeting for Worship for Business
- 10:00 am Meeting for Worship in Foxdale's Meeting Room
- 10:45 am Gather and settle for Worship.
- 11:00 am Meeting for Worship
- 12:20 pm Pot Luck

Fourth Day (Wednesday), 10/06/2010

- 12:00 pm Campus Meeting for Worship, Pasquerilla Center, Rm 118
- 4:30 pm Midweek Meeting for Worship, Foxdale, E-75

Sixth Day (Friday), 10/08/2010

- 8:45-9:15 am Friends School Meeting for Worship

First Day (Sunday), 10/10/2010

- 9:45 am Friendly Forum: Quaker Quest (see below)
- 10:00 am Meeting for Worship in Foxdale's Meeting Room
- 10:45 am Gather and settle for Worship.
- 11:00 am Meeting for Worship
- 12:20 pm Social Time

**Upcoming Friendly Forums, 9:45 AM, Meeting Room, All Welcome.**

**October 10: Quaker Quest Forum.** There will be a Friendly Forum about upcoming Quaker Quests. **Dana Mitra** and others in the Quaker Quest group will lead this session, which is designed to prepare us for the upcoming October 16 session.

**October 17: Spiritual Journey.** **Lu Evans** will share her spiritual journey or parts thereof with our participants in this forum. You will likely find this session to be both informative and inspirational.

**October 24: Contemporary Songs of the Spirit.** **Asher Evans** and others will teach participants some modern music with spiritual themes. All, especially younger people, are encouraged to bring along musical instruments and to contact Asher ([gne101@psu.edu](mailto:gne101@psu.edu)) about songs you know or would like to learn

**October 31: Uranium Mining.** **Denise DeGeorge** will lead a presentation and discussion about uranium mining in this country and elsewhere, and its social implications. This session should be very informative about this issue.

*State College Friends Meeting*

611 East Prospect Ave., State College, PA 16801  
814-237-7051 • [www.statecollegefriends.org](http://www.statecollegefriends.org)  
[office@statecollegefriends.org](mailto:office@statecollegefriends.org)

**Gather and settle.** The time from 10:45 to 11:00 am on Sunday is a time for Friends to gather in the meeting room to prepare and settle for worship. Enter whenever you are ready. While we expect silence in the meeting room during that time, we cannot expect silence outside of the meeting room until 11:00.

**Meeting for worship.** State College Friends Meeting welcomes you to our silent, “unprogrammed” worship, ideally led by God’s Spirit. We have no designated ministers. A period of about twenty minutes is needed to center down into inward stillness. Spoken messages come from the spiritual depth of our lives and from the leadings of the Spirit. It is wise to ask oneself these questions before rising to speak: is my message from the Spirit, or from some other place? Is the message for me or for the whole group? Is the time to give it now or at some other time? It is best to follow each message with a period of silence in order to absorb what it has to tell us. When a message speaks to the condition of those present, out of the deepest parts of ourselves, and is harmoniously developed and deepened—and not too long—a profound sense of spiritual community may occur among us that freshens and delights. We call this a “gathered” meeting.

**Closing meeting for worship.** Our time of worship does not necessarily end at noon—it ends when the appointed person, attuned to the spiritual sense of the meeting, recognizes the appropriate moment.

**Contacting Care and Concern.** We hope that Friends will contact members of the Care and Concern Committee to request prayer or to be held in the Light, to request assistance, or to make the committee aware of changes in your lives or of others that you believe should come to the Committee’s attention. Contact Lynne Grutzeck, 237-1862.

**Contributions to the Meeting** are always welcome and needed. Checks may be placed in the donation box in the entry hall or mailed to: State College Friends Meeting, 611 E. Prospect Avenue, State College, PA 16801

**The Meeting office.** The Meeting secretary, is in the office Mon.-Fri., 5:30 -6:30 pm. She may be reached by phone at 237-7051 or e-mail, [office@statecollegefriends.org](mailto:office@statecollegefriends.org). Please let her know of any scheduled meetings or events in the buildings so conflicts can be avoided. Scheduling of non-standard tasks should be done through Louise Sandmeyer.

**Bulletin and Newsletter.** Bulletins and newsletters are available on the Web. Go to <http://www.statecollegefriends.org> and chose Bulletin or Newsletter. The Newsletter can be received by mail or email. To be added to the mailing list, send your name, address and zip code to the meeting office. To receive other announcements, notification and bulletins by email, send a message to [office@statecollegefriends.org](mailto:office@statecollegefriends.org).

**Contact the Treasurer** by email at [treasure.friends.meeting@gmail](mailto:treasure.friends.meeting@gmail.com)

► **Refreshments. The Newsletter and Nominating Committees** are responsible for refreshments and clean-up for the month of October.

► Please sign up for the half-day **Quaker Quest session** on Sat., Oct. 16, 12:15-5 pm. Child care available. It will help the meeting--all of us-- to prepare for the public Quaker Quest sessions in Jan. and Feb., and will help us articulate how we live out our Quakerism

► **From Care and Concern.** Join the **Friendly Hands**, and have opportunities to express our community's caring in action.. On the sign-up form is a list of tasks. If you check a task, you will be called once in a while to help. However, **you are not obligated** to accept the task at any given time. There is no age limit to volunteering.

► **Advancement & Outreach** will have a draft of a **picture directory** out in the Social Room on Oct. 3 for updates and corrections. There will be a committee member with a camera if you decide you'd like to update your picture as well as your contact information.

► **Friends Committee on National Legislation Action Alert:** FCNL's lobbyists believe that our country may have the best opportunity in decades to cut the Pentagon budget (<http://tinyurl.com/FCNL-10-3-10>). Most of our friends and neighbors leave that budget to Congress to figure out. What choices would our friends and neighbors make, if they put the budget together? Please help us to start this conversation in your community. Tom Ewell, clerk of FCNL's Field Committee, has a simple "show and tell" device to invite others to make a budget. He used a "bean pole" to start a discussion about our federal budget priorities at a local fair in his community. Check FCNL's website to find out how.

**Take Action: Urge Your Reps. To Cut the Pentagon Budget:** As your members of Congress begin to focus on the problem of federal budget deficits, some lawmakers argue that cuts in Pentagon spending should not be part of the solution. Many of you wrote your representatives to urge them to keep Pentagon spending on the table. Thanks in part to your work, the letter (<http://tinyurl.com/FCNL-10-3-10-letter>) from Reps. Barney Frank (MA) and Ron Paul (TX) now has more than 39 sign-ons. More are needed to persuade the federal deficit commission to include dramatic cuts in military spending in their recommendations. Please write your representative today.

► **Weis Gift Cards.** State College Friends Meeting greatly needs the \$1100 to \$1400 annual income from the Weis Gift card program. Dean Tuttle will continue to carry them. They are as simple to use as cash and the Meeting receives a percentage of each dollar spent.

► The **Interfaith Potluck Picnic**, will be Sun., Oct. 17, 1 pm, at Tusseyview Park (at the end of Marylyn Ave, just past Foxdale Village.) There is plenty of parking. All are invited. Tableware will be provided.

► **Would you like to learn how to peacefully deal with daily conflicts? Improve your cooperation or communication skills?** The **Alternatives to Violence Project** is offering a 3-day workshop Oct. 29-31. AVP is an experiential program, helping people to transform their lives through personal understanding, affirmation, community building, conflict resolution and cooperation. Founded and developed through the life experiences of prisoners and community members in 1975, AVP encourages every person's innate power to improve themselves and their community. The workshop will be held on Fri. from 5:30-9:30pm; Sat. from 9:00 AM to 9:00 PM; and Sun. from 1:00-5:00 pm at the Friends Meeting. Participants are expected to attend all sessions. Meals will be provided. The cost for the weekend is \$30 and scholarships are available upon request. Contact the Central Pennsylvania chapter of AVP at [AVPworkshop@gmail.com](mailto:AVPworkshop@gmail.com). Advance registration is required.

## **Calendar and Upcoming Events**

- Oct. 10**      BYM Centre Quarter Meeting, West Branch Meeting, Grampian, PA.
- Oct. 16**      Mark your calendars now for **Quaker Quest** half day training. Plan ahead and we can have a large turn out to prepare for Quaker Quest in January. Find out more about it:  
<http://www.fgcquaker.org/quakerquest>
- Oct. 16**      BYM Interim Meeting at Richmond Friends Meeting. If you would like information by email, contact [office@statecollegefriends.org](mailto:office@statecollegefriends.org)
- Oct. 17**      Interfaith Potluck Picnic, 1 pm, Tusseyview Park (near Foxdale, behind the charter school)
- Oct. 17**      USQM Organizing Committee meeting at State College
- Oct. 24**      State College Crop Walk, St. Paul's United Methodist, 1:30 pm
- Oct. 24**      Presentation on Friends Theological College in Kenya, Bethesda Friends Meeting
- Oct. 28-Nov. 1**      Quaker Earth Care Witness Annual Gathering, Houston, TX
- Nov. 11-14**      FCNL Annual Meeting, *Building on a Firm Foundation*, Wash. DC

See the websites of BYM ([www.bym-rsf.org](http://www.bym-rsf.org)), PYM ([www.pym.org](http://www.pym.org)), USQM ([usqm.org](http://usqm.org)), SCFM ([statecollegefriends.org](http://statecollegefriends.org)), State College Friends School, FGC ([fgcquaker.org](http://fgcquaker.org)) ([www.statecollegefriendschool.org](http://www.statecollegefriendschool.org)), Pendle Hill ([www.pendlehill.org](http://www.pendlehill.org)) for further info.

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► **American Friends Service Committee (AFSC) *Window and Mirrors***. You are invited to visit the new exhibit, *Windows and Mirrors: Reflections on the War in Afghanistan* during its month-long premiere in Philadelphia, opening Oct. 7. The exhibit uses visual art to remind the U.S. public about the human cost of war in Afghanistan. The exhibit features 45 murals donated by U.S. and international artists - along with drawings from Afghan students: <http://afsc.org/project/windows-and-mirrors>.

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Notices for the weekly Bulletin should be sent by Thurs., 6:00 pm to [efgamble@yahoo.com](mailto:efgamble@yahoo.com), 404-2831. Notices for the monthly Newsletter should be sent to Cynthia Bartok by the third Sat. of the month. ([SCFMnewsletter@gmail.com](mailto:SCFMnewsletter@gmail.com), 100 Sandy Ridge Rd., State College, 16803).