

State College

Friends Meeting Weekly Bulletin

May the richness of our diversity strengthen our community and our love

First Day (Sunday), 6/20/2010

- 10:00 am Meeting for Worship in Foxdale's Meeting Room
- 10:45 am Gather and settle for Meeting for Worship
- 11:00 am **Outdoor Meeting for Worship**
- 12:20 pm Social Time

Fourth Day (Wednesday), 6/23/2010

- 12:00 pm Campus Meeting for Worship, Pasquerilla Center, Rm 118
- 4:30 pm Midweek Meeting for Worship, Foxdale, E-75

First Day (Sunday), 6/27/2010

- 10:00 am Meeting for Worship in Foxdale's Meeting Room
- 10:45 am Gather and settle for Worship
- 11:00 am Meeting for Worship
- 12:20 pm Social Time

▶ **Worship today will be outside.** Please ask for assistance, if needed.

▶ At the rise of meeting today, we will honor the **memory of Jane Madsen** at the site of the newly planted American Beech tree, uphill from the garden plot. Please join us.

▶ **Religious Education activities:** watermelon activities and singing.

▶ The secretary will be on vacation June 28 through July 5. Seeking a responsible person to sort mail and answer phone and email messages during that period. Contact the office at office@statecollegefriends.org. There will be a combined issue of the Weekly Bulletin for June 27 and July 4. Please send your announcements to efgamble@yahoo.com by Thursday June 24 at 6:00 pm.

Quaker Quest is a new movement within the Religious Society of Friends that combines a radical form of outreach with an original form of inreach.

State College Friends Meeting

611 East Prospect Ave., State College, PA 16801
814-237-7051 • www.statecollegefriends.org

Gather and settle. The time from 10:45 to 11:00 am on Sunday is a time for Friends to gather in the meeting room to prepare and settle for worship. Enter whenever you are ready. While we expect silence in the meeting room during that time, we cannot expect silence outside of the meeting room until 11:00.

Meeting for worship. State College Friends Meeting welcomes you to our silent, “unprogrammed” worship, ideally led by God’s Spirit. We have no designated ministers. A period of about twenty minutes is needed to center down into inward stillness. Spoken messages come from the spiritual depth of our lives and from the leadings of the Spirit. It is wise to ask oneself these questions before rising to speak: is my message from the Spirit, or from some other place? Is the message for me or for the whole group? Is the time to give it now or at some other time? It is best to follow each message with a period of silence in order to absorb what it has to tell us. When a message speaks to the condition of those present, out of the deepest parts of ourselves, and is harmoniously developed and deepened—and not too long—a profound sense of spiritual community may occur among us that freshens and delights. We call this a “gathered” meeting.

Closing meeting for worship. Our time of worship does not necessarily end at noon—it ends when the appointed person, attuned to the spiritual sense of the meeting, recognizes the appropriate moment.

Contacting Care and Concern. We hope that Friends will contact members of the Care and Concern Committee to request prayer or to be held in the Light, to request assistance, or to make the committee aware of changes in your lives or of others that you believe should come to the Committee’s attention. Contact Lynne Grutzeck, 237-1862.

Contributions to the Meeting are always welcome and needed. Checks may be placed in the donation box in the entry hall or mailed to: State College Friends Meeting, 611 E. Prospect Avenue, State College, PA 16801

The Meeting office. Betsy Gamble, the Meeting secretary, is in the office Mon. through Fri., from 5:30 -6:30 pm. She may be reached by e-mail, office@statecollegefriends.org, or by phone, 237-7051. Please let her know of any scheduled meetings or events in the buildings so scheduling conflicts can be avoided. Scheduling of non-standard tasks should be done through Louise Sandmeyer.

Bulletin and Newsletter. Bulletins and newsletters are available on the Web. Go to <http://www.statecollegefriends.org> and chose Bulletin or Newsletter. The Newsletter can be received by mail or email. To be added to the mailing list, send your name, address and zip code to the meeting office. To receive other announcements, notification and bulletins by email. send a message to office@statecollegefriends.org.

► **July 11, Friendly Forum, 9:45 AM, Meeting Room, All Welcome.**

Deep Listening revisited: The June 13 session was so successful that we decided to do another over the summer. These sessions are opportunities to listen deeply within ourselves as we prepare in advance to answer the query presented, and to listen deeply to others as they share what their own listening has uncovered. As with Quaker Quest, speaking is timed. As with worship-sharing, each person speaks from his/her experience. Melady Kehm will lead another deep listening session on the following query: *What happens—or what do I think should happen—for me in meeting for worship?* We will break into groups of about four and proceed as follows:

Each person in group responds to query (5 min. ea.)	20 mins.
Silent reflection for each group	10 mins.
Second speaking in group to share any new thoughts (3 mins. ea.)	12 mins.
All groups gather as one to share today's experience	15 mins.
Close with silent worship	3 mins.

It is important to think about this topic before July 11 in order to speak to it within the time. Try to arrive by 9:35 and be sitting down, ready for worship at 9:45. Like the Fort Myers, FL meeting, our meeting found our first session to be moving and deeply spiritual as we listened to the testimonies of other Friends.

► **Fund in Support of Laura (Melville) and David Carver.** Several people in Meeting have asked Care & Concern to start a fund for travel expenses for Laura (Melville) and David Carver for their trips to Geisinger to be with their new daughter Kaitlin. Kaitlin was in a hurry to arrive and will need to stay at Geisinger for about 6 more weeks. Care & Concern will make a contribution to the fund. Others wishing to donate can give the funds to Lynne Grutzeck or another member of Care & Concern. They can also put their contribution in the contribution box in the meeting house with Geisinger or Kaitlin Travel Expenses on the envelope or memo line.

► **Friends Committee on National Legislation: Environment Update.** Last week the Senate voted to save the Environmental Protection Agency's power to curb polluters. By a vote of 47 to 53, the Senate rejected Alaska Senator Murkowski's "Dirty Air Act" (S.J.Res. 26). Thank you to those who have worked hard to persuade our senators to defeat this attempt to tie the hands of the government. The continued oil disaster in the Gulf shows how much we need our government to protect our environmental assets. Our senators, Robert Casey and Arlen Specter, voted as FCNL recommended, to reject the Murkowski resolution. That vote was difficult for them, and they are hearing from many constituents and lobbyists who disagree with this position. It is also very rare for representatives to receive praise for their decisions. Please let your senators know that you support their votes and hope that they will continue to sensibly address global warming in Congress:

<http://action.fcnl.org/r/136613/74290/0>

Peace & Social Action Committee

Calendar and Upcoming Events

June 21 Peace & Social Action Committee 7:30 pm in E-75 Foxdale.

June 19 – BYM Interim Meeting. Meet new Friends and influence decisions! Please join us for morning committee meetings and the afternoon Interim Business Meeting. Prior to committee meetings, Mary Crauderueff will deliver a presentation entitled Blogs, Email and Twitter, Oh My! Seneca Valley Preparative Meeting and Friends Meeting School (3232 Green Valley Road, Ijamsville, MD 21754) are hosting the Summer Interim Meeting. We will gather at 10:00 am at the school

July 4-10 – Friends General Conference Annual Gathering. A week-long festival of Friends at Bowling Green State University, Bowling Green, Ohio. For details check the FGC website. (www.fgcquaker.org/gathering)

Aug. 2-4 BYM Annual Sessions, Frostburg, MD

Sept. 21 World Council of Churches Day of Prayer for Peace. More information: <http://www.overcomingviolence.org/en/about-dov/international-day-of-prayer-for-peace.html>

Oct 16 Mark your calendars now for **Quaker Quest** full day training. Plan ahead and we can have a large turn out to prepare for Quaker Quest in January. Find out more about it: <http://www.fgcquaker.org/quakerquest>

See the websites of BYM (www.bym-rsf.org), PYM (www.pym.org), USQM (usqm.org), SCFM (statecollegefriends.org), State College Friends School , FGC (fgcquaker.org) (www.statecollegefriendsschool.org), Pendle Hill (www.pendlehill.org) for further info.

► **Baltimore Yearly Meeting Annual Gathering.** Would you like some family time surrounded by others who have similar values and seeking along similar paths? Would you like your children to meet and get to know through Friendly activities other children and who identify as Quakers; the children clamor to return to this gathering year after year, bringing their families with them. Would you like to have time to yourself and time with your family and with others? Consider coming to Baltimore Yearly Meeting Annual Gathering at Frostburg University August 2 to 8th, early registration ends June 28th. You do not have to be a member of Baltimore Yearly Meeting. There is a scholarship for first timers and there are work grants --especially in the nursery. (Contact Ellen Johnson Arginteanu). More information at bym-rsf.org/quakers/pubs/interchange/Spring2010.pdf

What is Deep Listening?

From "Slowing Down to the Speed of Love" By Joe Bailey

“Deep listening occurs when your mind is quiet. Your thoughts are flowing rather than crowding your mind with distractions, interpretations, judgments, conclusions, or assumptions. Your mind is open, curious, interested -- as though you were hearing this person for the first time. Deep listening applies not only to communication with another, but also to listening to ourselves and to life in general.”

Notices for the weekly Bulletin should be sent by Thurs., 6:00 pm to efgamble@yahoo.com, 404-2831. Notices for the monthly Newsletter should be sent

to Cynthia Bartok by the third Sat. of the month. (SCFMnewsletter@gmail.com, 100 Sandy Ridge Rd., State College, 16803).