

State College

Friends Meeting Weekly Bulletin

May the richness of our diversity strengthen our community and our love

First Day (Sunday), 6/13/2010

- 9:45 am Friendly Forum: Deep Listening (see below)
- 10:00 am Meeting for Worship in Foxdale's Meeting Room
- 10:45 am Gather and settle for Worship
- 11:00 am Family Meeting for Worship
- 12:20 pm Social Time

Fourth Day (Wednesday), 6/16/2010

- 12:00 pm Campus Meeting for Worship, Pasquerilla Center, Rm 118
- 4:30 pm Midweek Meeting for Worship, Foxdale, E-75

First Day (Sunday), 6/20/2010

- 10:00 am Meeting for Worship in Foxdale's Meeting Room
- 10:45 am Gather and settle for Worship. Child care in Education wing
- 11:00 am Meeting for Worship
- 12:20 pm Social Time

► **This Week's Friendly Forum, 9:45 am, Meeting Room, All Welcome Deep Listening**—“Friends who have attended these Deep Listening sessions have found them a deeply moving spiritual experience as we delved into our own hearts and minds for answers and listened carefully to the thoughts and feelings of others.” That’s what the Fort Myers, Fla., Monthly Meeting newsletter had to say about their Deep Listening adult RE program. The program borrows something from Quaker Quest (timed-speaking to queries) and something from worship sharing (each person speaks from her or his experience). On June 13, **Melady Kehm** will facilitate a Deep Listening session on the query, “**What is your understanding of God?**” We will break down into groups of about four, and each person will speak to their group for five minutes, followed by brief silent reflection. Then Friends come back into the larger gathering to share their experiences. It is important to think about this topic before June 13 in order to speak to it within the time. **Try to arrive by 9:35** and be sitting down, ready for worship at 9:45. This forum is the last planned before September.

State College Friends Meeting

611 East Prospect Ave., State College, PA 16801
814-237-7051 • www.statecollegefriends.org

Gather and settle. The time from 10:45 to 11:00 am on Sunday is a time for Friends to gather in the meeting room to prepare and settle for worship. Enter whenever you are ready. While we expect silence in the meeting room during that time, we cannot expect silence outside of the meeting room until 11:00.

Meeting for worship. State College Friends Meeting welcomes you to our silent, “unprogrammed” worship, ideally led by God’s Spirit. We have no designated ministers. A period of about twenty minutes is needed to center down into inward stillness. Spoken messages come from the spiritual depth of our lives and from the leadings of the Spirit. It is wise to ask oneself these questions before rising to speak: is my message from the Spirit, or from some other place? Is the message for me or for the whole group? Is the time to give it now or at some other time? It is best to follow each message with a period of silence in order to absorb what it has to tell us. When a message speaks to the condition of those present, out of the deepest parts of ourselves, and is harmoniously developed and deepened—and not too long—a profound sense of spiritual community may occur among us that freshens and delights. We call this a “gathered” meeting.

Closing meeting for worship. Our time of worship does not necessarily end at noon—it ends when the appointed person, attuned to the spiritual sense of the meeting, recognizes the appropriate moment.

Contacting Care and Concern. We hope that Friends will contact members of the Care and Concern Committee to request prayer or to be held in the Light, to request assistance, or to make the committee aware of changes in your lives or of others that you believe should come to the Committee’s attention. Contact Lynne Grutzeck, 237-1862.

Contributions to the Meeting are always welcome and needed. Checks may be placed in the donation box in the entry hall or mailed to: State College Friends Meeting, 611 E. Prospect Avenue, State College, PA 16801

The Meeting office. Betsy Gamble, the Meeting secretary, is in the office Mon. through Fri., from 5:30 -6:30 pm. She may be reached by e-mail, office@statecollegefriends.org, or by phone, 237-7051. Please let her know of any scheduled meetings or events in the buildings so scheduling conflicts can be avoided. Scheduling of non-standard tasks should be done through Louise Sandmeyer.

Bulletin and Newsletter. Bulletins and newsletters are available on the Web. Go to <http://www.statecollegefriends.org> and chose Bulletin or Newsletter. The Newsletter can be received by mail or email. To be added to the mailing list, send your name, address and zip code to the meeting office. To receive other announcements, notification and bulletins by email, send a message to office@statecollegefriends.org.

► **Fund in Support of Laura (Melville) and David Carver.** Several people in Meeting have asked Care & Concern to start a fund for travel expenses for Laura (Melville) and David Carver for their trips to Geisinger to be with their new daughter Kaitlin. Kaitlin was in a hurry to arrive and will need to stay at Geisinger for about 6 more weeks. Care & Concern will make a contribution to the fund. Others wishing to donate can give the funds to Lynne Grutzeck or another member of Care & Concern. They can also put their contribution in the contribution box in the meeting house with Geisinger or Kaitlin Travel Expenses on the envelope or memo line.

► **Good news! The Indian Health Care Improvement Act has been passed!** This legislation, which modernizes and improves health care for American Indians and Alaska Natives, was included in the health insurance reform legislation that passed in March. Both Senator Casey and Senator Specter, as well as the Friends Committee on National Legislation supported this bill. Please take a moment to thank them by sending a letter or email. For more information on this and ways our Quaker values are made part of current legislation, visit FCNL.org or visit the Advocacy Table in the social room after meeting

► **Making summer plans? *BYM* Camp Registration Continues!** There are still spots available at Baltimore Yearly Meeting's camps. Your child can join other Friends from around the Yearly Meeting, and beyond, in the beautiful mountain settings of our camps. For full information and registration, visit the *BYM* Camps website: www.bymcamps.org.

► **Baltimore Yearly Meeting Annual Gathering.** Would you like some family time surrounded by others who have similar values and seeking along similar paths? Would you like your children to meet and get to know through Friendly activities other children and who identify as Quakers; the children clamor to return to this gathering year after year, bringing their families with them. Would you like to have time to yourself and time with your family and with others? Consider coming to Baltimore Yearly Meeting Annual Gathering at Frostburg University August 2 to 8th, early registration ends June 28th. You do not have to be a member of Baltimore Yearly Meeting. There is a scholarship for first timers and there are work grants --especially in the nursery. (Ellen Johnson Arginteanu is nursery coordinator, you can talk with her regarding this incredible deal.). Remember that the deadline for Early Registration is Monday, June 28. More information at bym-rsf.org/quakers/pubs/interchange/Spring2010.pdf

Calendar and Upcoming Events

June 13 First Day School closing celebration at rise of Meeting

June 21 Peace & Social Action Committee 7:30 pm in E-75 Foxdale.

June 19 – BYM Interim Meeting. Meet new Friends and influence decisions! Please join us for morning committee meetings and the afternoon Interim Business Meeting. Prior to committee meetings, Mary Crauderueff will deliver a presentation entitled Blogs, Email and Twitter, Oh My! Seneca Valley Preparative Meeting and Friends Meeting School (3232 Green Valley Road, Ijamsville, MD 21754) are hosting the Summer Interim Meeting. We will gather at 10:00 am at the school

July 4-10 – Friends General Conference Annual Gathering. A week-long festival of Friends at Bowling Green State University, Bowling Green, Ohio. For details check the FGC website.

(www.fgcquaker.org/gathering)

Aug. 2-4 BYM Annual Sessions, Frostburg, MD

Sept. 21 World Council of Churches Day of Prayer for Peace. More information: <http://www.overcomingviolence.org/en/about-dov/international-day-of-prayer-for-peace.html>

Oct 16 Mark your calendars now for **Quaker Quest** full day training. Plan ahead and we can have a large turn out to prepare for Quaker Quest in January. Find out more about it: <http://www.fgcquaker.org/quakerquest>

See the websites of BYM (www.bym-rsf.org), PYM (www.pym.org), USQM (usqm.org), SCFM (statecollegefriends.org), State College Friends School, FGC (fgcquaker.org) (www.statecollegefriendsschool.org), Pendle Hill (www.pendlehill.org) for further info.

Hope is like a road in the country -- Lin Yutang

Hope is like a road in the country; there never was a road, but when many people walk on it, the road comes into existence...

Hope is a state of mind, not of the world -- Vaclav Havel,

Hope is an ability to work for something because it is good, not just because it stands a chance to succeed. The more propitious the situation in which we demonstrate hope, the deeper the hope is.

Hope is the source and spring of all the alchemies of transformation -- Rumi,

Hope is the source and spring of all the alchemies of transformation, the greatest treasure of the heart and mind, the philosopher's stone that transmutes agony and tragedy into new life. Never abandon hope, or you abandon your closest and most helpful guide, the Friend.

Quotes on hope from the website "Friends of Silence – Is there enough silence for the word to be heard?" <http://friendsofsilence.net/quote/tag/hope>

Notices for the weekly Bulletin should be sent by Thurs., 6:00 pm to efgamble@yahoo.com, 404-2831. Notices for the monthly Newsletter should be sent

to Cynthia Bartok by the third Sat. of the month. (SCFMnewsletter@gmail.com, 100 Sandy Ridge Rd., State College, 16803).