

*State College*

## Friends Meeting Weekly Bulletin

*May the richness of our diversity strengthen our community and our love*

First Day (Sunday), 8/8/2010

10:00 am Meeting for Worship in Foxdale's Meeting Room

10:45 am Gather and settle for Worship. Childcare in Education Wing

11:00 am Meeting for Worship

12:20 pm Social Time

Fourth Day (Wednesday), 8/11/2010

12:00 pm Campus Meeting for Worship, Pasquerilla Center, Rm 118

4:30 pm Midweek Meeting for Worship, Foxdale, E-75

First Day (Sunday), 8/15/2010

9:00 am Meeting for Worship for Business

10:00 am Meeting for Worship in Foxdale's Meeting Room

10:45 am Gather and settle for Worship. Childcare in Education Wing

11:00 am Meeting for Worship

12:20 pm Pot Luck

► **Weis Gift Cards.** To benefit SC Friends Meeting, purchase Weis gift cards in multiples of \$25. They can be used the same as cash at Weis Markets and Weis will contribute a percentage of your purchase total to the meeting. Checks must be made out to: State College Friends Meeting

► There will be a **Silent Meditation Group** on Tuesday evenings from 5:30-6:00 during the month of August (except August 24<sup>th</sup>). Anyone interested can contact Bill Torretti at 422-5050, 360-3492 or [btorretti@yahoo.com](mailto:btorretti@yahoo.com). No experience necessary.

► **PYM Upper Susquehanna Quarterly Meeting** – Fri.-Sun., Sept. 24-26, 2010 Quarterly Meeting weekend at Camp Crystal Lake, near Hughesville PA. Business meeting on Saturday, September 25.

*State College Friends Meeting*

611 East Prospect Ave., State College, PA 16801

814-237-7051 • [www.statecollegefriends.org](http://www.statecollegefriends.org)

[office@statecollegefriends.org](mailto:office@statecollegefriends.org)

**Gather and settle.** The time from 10:45 to 11:00 am on Sunday is a time for Friends to gather in the meeting room to prepare and settle for worship. Enter whenever you are ready. While we expect silence in the meeting room during that time, we cannot expect silence outside of the meeting room until 11:00.

**Meeting for worship.** State College Friends Meeting welcomes you to our silent, “unprogrammed” worship, ideally led by God’s Spirit. We have no designated ministers. A period of about twenty minutes is needed to center down into inward stillness. Spoken messages come from the spiritual depth of our lives and from the leadings of the Spirit. It is wise to ask oneself these questions before rising to speak: is my message from the Spirit, or from some other place? Is the message for me or for the whole group? Is the time to give it now or at some other time? It is best to follow each message with a period of silence in order to absorb what it has to tell us. When a message speaks to the condition of those present, out of the deepest parts of ourselves, and is harmoniously developed and deepened—and not too long—a profound sense of spiritual community may occur among us that freshens and delights. We call this a “gathered” meeting.

**Closing meeting for worship.** Our time of worship does not necessarily end at noon—it ends when the appointed person, attuned to the spiritual sense of the meeting, recognizes the appropriate moment.

**Contacting Care and Concern.** We hope that Friends will contact members of the Care and Concern Committee to request prayer or to be held in the Light, to request assistance, or to make the committee aware of changes in your lives or of others that you believe should come to the Committee’s attention. Contact Lynne Grutzeck, 237-1862.

**Contributions to the Meeting** are always welcome and needed. Checks may be placed in the donation box in the entry hall or mailed to: State College Friends Meeting, 611 E. Prospect Avenue, State College, PA 16801

**The Meeting office.** Betsy Gamble, the Meeting secretary, is in the office Mon. through Fri., from 5:30 -6:30 pm. She may be reached by e-mail, [office@statecollegefriends.org](mailto:office@statecollegefriends.org), or by phone, 237-7051. Please let her know of any scheduled meetings or events in the buildings so scheduling conflicts can be avoided. Scheduling of non-standard tasks should be done through Louise Sandmeyer.

**Bulletin and Newsletter.** Bulletins and newsletters are available on the Web. Go to <http://www.statecollegefriends.org> and chose Bulletin or Newsletter. The Newsletter can be received by mail or email. To be added to the mailing list, send your name, address and zip code to the meeting office. To receive other announcements, notification and bulletins by email, send a message to [office@statecollegefriends.org](mailto:office@statecollegefriends.org).

► **State College Area Food Bank needs list:** Grocery store gift cards, shelf-life milk, dried fruit (e.g. raisins, apricots, cranberries), canned chili or pasta, canned vegetables, canned meat (Spam, chicken, corned beef, etc.), bath soap, (especially sensitive skin), muffin or quickbread mixes, flour, Jello, granulated sugar, mayonnaise & Miracle Whip, cooking oil & spray, coffee, black tea, toothpaste, deodorant, shampoo, baby food, diapers, formula.

► **START in Danger as Senate Delays.** This week the Senate Foreign Relations Committee missed one of its last opportunities this year to approve the new Strategic Arms Reduction Treaty (New START) with Russia. The Senate has held 21 hearings on the treaty and heard support from just about every current and former military and civilian leader of the United States, but several influential committee members are still not ready to vote. With elections approaching and a busy Senate calendar, that doesn't leave much time for a vote on START this year. This delay is a setback for advancing us toward a world free of nuclear weapons.

\* START is needed to further reduce the number of deployed nuclear weapons in the arsenals of our country and Russia, from 2,200 to 1550 each.

\* The treaty is also vital to U.S. national security. With the expiration in December 2009 of the first START treaty, inspections and verifications have stopped. The United States cannot send inspectors to verify Russian compliance with the old treaty limits. Those inspections can resume as soon as the new START is ratified.

\* If our Senate fails to ratify START, prospects dim for future ratification of the Comprehensive Test Ban Treaty.

Write your senators today: <http://capwiz.com/fconl/issues/>

► **PYM Spiritual Formation Program Opening Retreat** – Sept. 24-26, 2010 Abington Township, PA.

► **Quakers and the Revolutionary War** – Sun., Aug. 29, 2010, 1-2:30 pm Presented at the Old Kennett Meeting House Baltimore Pike & Meeting House Lane, Chadds Ford PA. Worship at 11am, followed by snacks at Noon. Free: No registration required.

## Calendar and Upcoming Events

- Aug.15** SCFM Meeting for Worship for Business
- Sept. 11** BYM Peace and Social Concerns networking day.  
Location to be announced.
- Sept. 18** BYM Camp Catoctin Reunion, Camp Catoctin,  
Thurmont, MD.
- Oct. 2** Quaker Quest Friendly Forum
- Oct. 10** BYM Centre Quarterly Meeting at West Branch  
Meeting, Grampian, PA. Ellen Johnson Arginteanu will speak  
about her work with the Christian Peacemaking Teams.
- Oct. 16** Mark your calendars now for **Quaker Quest** half day  
training. Plan ahead and we can have a large turn out to prepare  
for Quaker Quest in January. Find out more about it:  
<http://www.fgcquaker.org/quakerquest>
- Nov. 11-14** FCNL Annual Meeting, *Building on a Firm  
Foundation*, Washington DC

See the websites of BYM ([www.bym-rsf.org](http://www.bym-rsf.org)), PYM ([www.pym.org](http://www.pym.org)),  
USQM ([usqm.org](http://usqm.org)), SCFM ([statecollegefriends.org](http://statecollegefriends.org)), State College Friends  
School, FGC ([fgcquaker.org](http://fgcquaker.org)) ([www.statecollegefriendsschool.org](http://www.statecollegefriendsschool.org)), Pendle  
Hill ([www.pendlehill.org](http://www.pendlehill.org)) for further info.

\*\*\*\*\*

► **Pendle Hill in the media:** Pendle Hill programs and lectures are  
available through various media. For example, videos from the workshop  
Jewels of Quakerism are available at  
<http://www.quakerquaker.org/profiles/blogs/the-jewels-of-quakerism>.  
Subscriptions to Pod casts of the Summer Lecture series are available from  
iTunes.

\*\*\*\*\*

**Quaker Quest is a new movement  
within the Religious society of  
Friends that combines a radical  
form of outreach with an original  
form of inreach.**

\*\*\*\*\*

Notices for the weekly Bulletin should be sent by Thurs., 6:00 pm to  
[efgamble@yahoo.com](mailto:efgamble@yahoo.com), 404-2831. Notices for the monthly Newsletter should  
be sent to Cynthia Bartok by the third Sat. of the month.  
([SCFMnewsletter@gmail.com](mailto:SCFMnewsletter@gmail.com), 100 Sandy Ridge Rd., State College, 16803).