

Friends Meeting *Weekly Bulletin*

May the richness of our diversity strengthen our community and our love

First Day (Sunday), 10/25/2009

- 9:45 am Friendly Forum: Worship Sharing-Faith in times of turmoil
- 10:00 am Worship Sharing in Foxdale's Meeting Room
- 10:45 am First Day School
- 10:45 am Gather and settle for Worship
- 11:00 am Meeting for Worship
- 12:20 pm Social time

Fourth Day (Wednesday), 10/28/2009

- 12:00 pm Campus Meeting for Worship, Pasquerilla Center, Rm 118
- 4:30 pm Midweek Meeting for Worship, Foxdale, E-75

Sixth Day (Friday), 10/30/2009

- 8:45 am State College Friends School Meeting for Worship

Seventh Day (Saturday), 10/31/2009

- 9 am-4 pm Quaker Quest
 - 1:30 pm Peace Vigil, corner of College and Allen, State College
- (No peace vigil Nov. 7)**

First Day (Sunday), 11/1/2009

- 9:00 am Meeting for Worship for Business
- 10:00 am Worship Sharing in Foxdale's Meeting Room
- 10:45 am First Day School
- 10:45 am Gather and settle for Worship

► **Weekly Quaker Quest Quote** --"We spoke about our experiences, and, well, there was a great deal of energy in the room about this possibility."

► **Friendly Forum, 9:45 AM, Meeting Room. All are invited.**

October 25: We will have a **Worship Sharing** session about the following Query: **How has your faith sustained you** during times of personal **turmoil**?
Worship sharing is like regular worship except that it is targeted to a specific query. This is different from our normal presentation and discussion format.

► **Weis Gift Cards.** To benefit SC Friends Meeting, purchase Weis gift cards in multiples of \$25 through Dean Tuttle. They can be used the same as cash at Weis Markets and Weis will contribute a percentage of your purchase total to the meeting. Checks must be made out to: **State College Friends Meeting.**

Gather and settle. The time from 10:45 to 11:00 am on Sunday is a time for Friends to gather in the meeting room to prepare and settle for worship. Enter whenever you are ready. While we expect silence in the meeting room during that time, we cannot expect silence outside of the meeting room until 11:00.

Meeting for worship. State College Friends Meeting welcomes you to our silent, “unprogrammed” worship, ideally led by God’s Spirit. We have no designated ministers. A period of about twenty minutes is needed to center down into inward stillness. Spoken messages come from the spiritual depth of our lives and from the leadings of the Spirit. It is wise to ask oneself these questions before rising to speak: is my message from the Spirit, or from some other place? Is the message for me or for the whole group? Is the time to give it now or at some other time? It is best to follow each message with a period of silence in order to absorb what it has to tell us. When a message speaks to the condition of those present, out of the deepest parts of ourselves, and is harmoniously developed and deepened—and not too long—a profound sense of spiritual community may occur among us that freshens and delights. We call this a “gathered” meeting.

Closing meeting for worship. Our time of worship does not necessarily end at noon—it ends when the appointed person, attuned to the spiritual sense of the meeting, recognizes the appropriate moment.

Contacting Care and Concern. We hope that Friends will contact members of the Care and Concern Committee to request prayer or to be held in the Light, to request assistance, or to make the committee aware of changes in your lives or of others that you believe should come to the Committee’s attention. Contact Lynne Grutzeck, 237-1862.

Contributions to the Meeting are always welcome and needed. Checks may be placed in the donation box in the entry hall or mailed to: State College Friends Meeting, 611 E. Prospect Avenue, State College, PA 16801

The Meeting office. Betsy Gamble, the Meeting secretary, is in the office Mon. through Fri., from 5:30 -6:30 pm. She may be reached by e-mail, office@statecollegefriends.org, or by phone, 237-7051. Please let her know of any scheduled meetings or events in the buildings so scheduling conflicts can be avoided. Scheduling of non-standard tasks should be done through Louise Sandmeyer.

b. Go to www.statecollegefriends.org, click on the picture of our meetinghouse, type “enter” for user name, and “Friend” for the password. The Newsletter can be received by mail or email. To be added to the mailing list. send your name. address and zip code to the meeting office.

► **The Newsletter is Going Electronic!** The newsletter presents Meeting with several resource challenges —money, paper, time, and effort. In the hopes of being more “green” while saving money, we are asking newsletter recipients to consider whether they can forgo the paper version for one of our electronic newsletter options.

Important things you should know include:

- You will not receive any subsequent newsletters unless you update our records with your preference for newsletter format (paper, paperless)
- Complete the survey by Oct. 20th to ensure your service is not interrupted
- Each member of the household who would like the newsletter should complete the survey
- Take our quick survey to let us know how you would like to have the newsletter delivered to you

To complete the survey **online** go to:

http://www.surveymonkey.com/s.aspx?sm=ebEj_2fRK_2b2Ir5Vo4oXAwYbg_3d_3d

If you prefer using a **paper** survey, complete the form found in the October Newsletter (page 15). Leave this form in the Secretary’s mailbox at the meeting house or mail to the meeting house, OR contact Betsy Gamble if you need a paper copy mailed to your house (efgamble@yahoo.com or 404-2831).

If you would prefer to complete the survey **by phone**, call Betsy at the meeting office, M-F 5:30-6:30.

Address questions or concerns to Cynthia Bartok at 238-1323 or

SCFMnewsletter@gmail.com

► **Friends Committee on National Legislation: Take Action: Call Your Senators to Pass Health Care Reform.**

Good news! Many of you have already written letters to the editor urging Congress to pass effective health care insurance reform. FCNL, Families USA and other groups will be lobbying the Senate this week to pass health care insurance legislation that will actually bring comprehensive health care within the reach of everyone in this country. Use our website to take action now, find talking points, and a direct number to call your senators and their staff members:

<http://action.fcnl.org/r/89104/74290/0>. (In addition answer the survey FCNL asks for.)

***President Obama's First 9 Months: What Do You Think:** In April we asked what you thought of President Obama's first 100 days and 71.6% of respondents were "very happy." Since today marks the first 9 month's of President Obama's administration, please let us know what you think of these first months by completing this survey: <http://action.fcnl.org/r/89103/74290/0>. Thanks!

Second Action Alert: Give the "Least of These" a Voice in the Back Room

You and many others sent Congress emails and made phone calls for health insurance reform. You said cover everyone, especially "the least of these." In the next ten days, your investment of time and care hang in the balance. What you do or don't do now may make a big difference: <http://action.fcnl.org/r/89267/74290/0>.

JOIN OTHERS AFTER MEETING FOR WORSHIP TODAY TO WRITE OUR SENATORS AND CONGRESSMAN - IN THE SOCIAL ROOM.

(Peace & Social Action Committee)

► The Friends Meeting sponsored **Peace Vigil**, held on Saturdays, 1:30 to 2:30 pm at the corner of College and Allen has continued for six years. A permit from Penn State for our use of this plaza is renewed regularly by Reed Smith. Penn State requests that we do not hold our Vigil in that location on Nov. 7, and we will honor this request. There will be no Vigil on Sat., Nov. 7. The Vigil will be held as usual on Oct. 31 and will resume on Nov. 14, at 1:30 pm at the Corner of College and Allen. Submitted by Dick Taber

► **"Getting Past 'Us Versus Them'": How Conflict Management Techniques Have Worked in the Israeli-Palestinian Conflict,** Friends Meeting House, Sunday, Nov. 1, 2:30-5:30 p.m. Interactive seminar featuring Kristen Loken, member of Fellowship of Reconciliation, experienced in mediation in Middle East, and Quaker from West Virginia; and Jessica Arends, of the Alternatives to Violence project, and member of State College Friends Meeting. Sponsored by Appalachian Zen House.

► **Eyewitness to Genocide, Erasing the Distinction of "Other"**
Carl Wilkens, the only American to choose to stay in Rwanda after the genocide began in 1994, prevented the massacre of hundreds of people. Featured in Frontline's Ghosts of Rwanda and The Few Who Stayed, Wilkens' story reminds us of the profound connection between history and the moral choices we face each day. His experience with the power of human relationships as the difference between life and death challenges us to explore our own biases against those we characterize as "OTHER." Wed., Nov. 4, 7 pm, 112 Chambers, Penn State. Seating is limited; doors will open at 6:30pm.

Calendar and Upcoming Events

- Oct. 31** SCFM Quaker Quest Workshop, 9 am – 4 pm. Sign up in Social Room.
- Nov. 1** SCFM Meeting for Worship for Business
- Nov. 5-7** PYM Arts on Arch (St.) Fundraiser for PYM Annual Fund including:
 - A Juried Art Show and Sale** - Preview Party on Nov. 5, running through Saturday, Nov 7. Contact Jan Hatchard, janh@pym.org, (215)241-7115
 - A Live Concert with Livingston Taylor and Liz Longley** - in the West Room on First Friday, Nov 7th. (Tickets: \$30)
- Nov.12-15** FCNL Annual Meeting, Washington, DC, see www.fcnl.org
- Nov. 14** PYM Quaker College Fair, 11 am – 2 pm, contact Kori Heavner at 215-241-7116 or FAHE@quaker.org
- Nov. 16** PFLAG Thanksgiving Dinner, SCFM, 6 pm. All are invited.
- Nov. 16** SCFM Peace & Social Action Committee, 3rd Mon., 7:30, E-75 Foxdale
- Dec. 6-7** Interfaith Mission bell-ringing at Meyer Dairy. Sign up in the Social Rm.

See the websites of BYM (www.bym-rsf.org), PYM (www.pym.org), USQM (usqm.org), SCFM (statecollegefriends.org), State College Friends School, FGC (fgcquaker.org) (www.statecollegefriendsschool.org), Pendle Hill (www.pendlehill.org) for further info.

Notices for the weekly Bulletin should be sent by Thurs., 6:00 pm to efgamble@yahoo.com, 404-2831. Notices for the monthly *Newsletter* should be sent in writing to Cynthia Bartok (SCFMnewsletter@gmail.com, 100 Sandy Ridge Rd., State College, 16803) by the third Sat. of the month.