

Friends Meeting *Weekly Bulletin*

May the richness of our diversity strengthen our community and our love

First Day (Sunday), 11/15/2009

- 9:30 am Breakfast – All Age Celebration of First Day School
- 10:00 am Worship Sharing in Foxdale's Meeting Room
- 10:45 am First Day School
- 10:45 am Gather and settle for Worship
- 11:00 am Meeting for Worship
- 12:20 pm Social Time

Fourth Day (Wednesday), 11/18/2009

- 12:00 pm Campus Meeting for Worship, Pasquerilla Center, Rm 118
- 4:30 pm Midweek Meeting for Worship, Foxdale, E-75

Sixth Day (Friday), 11/20/2009

- 8:45 am Friends School Meeting for Worship

Seventh Day (Saturday), 11/21/2009

- 1:30 pm Peace vigil Saturday, corner of College and Allen St.

First Day (Sunday), 11/22/2009

- 9:30 am Parenting Book Group
- 9:45 am Friendly Forum: Campbell Plowden (See below)
- 10:00 am Worship Sharing in Foxdale's Meeting Room
- 10:45 am First Day School
- 10:45 am Gather and settle for Worship
- 11:00 am Meeting for Worship
- 12:20 pm Social time

► **Friendly Forum, Nov. 22, 9:45 AM, Meeting Room, All Welcome**

Campbell Plowden will share and discuss his experience working with the indigenous people of the Amazon in South America.

No Friendly Forums on November 15 and November 29

► **Parenting Book Group:** Discussing “Peaceful Parents, Peaceful Kids”, Chapter 4 on Nov. 22 and Chapter 5 on Dec. 13.

► **Weis Gift Cards.** To benefit SC Friends Meeting, purchase Weis gift cards in multiples of \$25 through Dean Tuttle. They can be used the same as cash at Weis Markets and Weis will contribute a percentage of your purchase total to the meeting. Checks must be made out to: **State College Friends Meeting.**

State College Friends Meeting

611 East Prospect Ave., State College, PA 16801
814-237-7051 • www.statecollegefriends.org

Gather and settle. The time from 10:45 to 11:00 am on Sunday is a time for Friends to gather in the meeting room to prepare and settle for worship. Enter whenever you are ready. While we expect silence in the meeting room during that time, we cannot expect silence outside of the meeting room until 11:00.

Meeting for worship. State College Friends Meeting welcomes you to our silent, “unprogrammed” worship, ideally led by God’s Spirit. We have no designated ministers. A period of about twenty minutes is needed to center down into inward stillness. Spoken messages come from the spiritual depth of our lives and from the leadings of the Spirit. It is wise to ask oneself these questions before rising to speak: is my message from the Spirit, or from some other place? Is the message for me or for the whole group? Is the time to give it now or at some other time? It is best to follow each message with a period of silence in order to absorb what it has to tell us. When a message speaks to the condition of those present, out of the deepest parts of ourselves, and is harmoniously developed and deepened—and not too long—a profound sense of spiritual community may occur among us that freshens and delights. We call this a “gathered” meeting.

Closing meeting for worship. Our time of worship does not necessarily end at noon—it ends when the appointed person, attuned to the spiritual sense of the meeting, recognizes the appropriate moment.

Contacting Care and Concern. We hope that Friends will contact members of the Care and Concern Committee to request prayer or to be held in the Light, to request assistance, or to make the committee aware of changes in your lives or of others that you believe should come to the Committee’s attention. Contact Lynne Grutzeck, 237-1862.

Contributions to the Meeting are always welcome and needed. Checks may be placed in the donation box in the entry hall or mailed to: State College Friends Meeting, 611 E. Prospect Avenue, State College, PA 16801

The Meeting office. Betsy Gamble, the Meeting secretary, is in the office Mon. through Fri., from 5:30 -6:30 pm. She may be reached by e-mail, office@statecollegefriends.org, or by phone, 237-7051. Please let her know of any scheduled meetings or events in the buildings so scheduling conflicts can be avoided. Scheduling of non-standard tasks should be done through Louise Sandmeyer.

Bulletin and Newsletter. Bulletins and newsletters are available on the Web. Go to www.statecollegefriends.org and chose Bulletin or Newsletter. The Newsletter can be received by mail or email. To be added to the mailing list, send your name, address and zip code to the meeting office. To receive announcements, newsletter notification and bulletins by email, send a message to office@statecollegefriends.org

► **Interfaith Mission seeks volunteers for holiday bell ringing.** As you may recall, this is the annual fundraiser when congregations that are part of Interfaith Mission staff kettles at various locations around town. As a member of Interfaith Mission, Friends Meeting has signed up for two days at Meyer Dairy. The dates are Sunday, Dec. 6 and Monday, Dec. 7. Louise Sandmeyer, our Interfaith Mission representative, has posted or will be posting signup sheets in the Social Room and those who are so inclined are encouraged to sign up for an hour slot. It does get you in the holiday spirit, as most passersby contribute. It is requested that we have two volunteers for each hour. If you have questions, please contact Louise at lesandmeyer@gmail.com.

► **The Newsletter is Now Electronic!** The newsletter is now available from the meeting website or as an email attachment. If you did not receive the November newsletter, or wish to change the format you received, contact Betsy Gamble in the meeting office or enter your preferences online until Friday, Nov. 20 at <http://tinyurl.com/ygy2vfz>. Address questions or concerns to Cynthia Bartok at 238-1323 or SCFMnewsletter@gmail.com

► **Address for Tom Ryan.** Tom recently returned to State College, after two years at Pendle Hill (where Lauri is the director). His new address is: 500 E. Marylyn Ave. Apt. F-85, State College, PA 16801. His phone number continues to be (814) 571-5061, and his e-mail is tar@psu.edu.

► **Friends Committee on National Legislation urges us to maintain the momentum on Health Care legislation: passed in the House a week ago.**

This is good news! The House passed legislation that, in our analysis, would provide access to affordable, comprehensive health care for the majority of people in this country and improve health care for Native Americans: The Indian Health Care Improvement Act (IHCA), which would modernize and improve health care for American Indians and Alaska Natives, passed the House as part of its health insurance reform legislation. Now focus moves to the Senate, which will take up its health care legislation in the coming weeks.

Go to the following website for information on writing your senators: <http://action.fcnl.org/r/90518/74290/0>. **Maintain the momentum by asking the Senate to pass legislation that also meets these criteria.**

Global Warming: Last week, a key Senate committee approved legislation to reduce greenhouse gas pollution and create green jobs:

<http://action.fcnl.org/r/90523/74290/0>. Although far from perfect, the legislation would protect key Clean Air Act provisions that would require dirty coal-fired power plants to meet minimum modern technology standards for global warming pollution. **You can help protect this provision by urging your senators to sign a letter to the Senate leadership organized by Senator Robert Menendez (NJ): See this FCNL website for action letter:** <http://action.fcnl.org/r/90524/74290/0>. Read the letter here: <http://action.fcnl.org/r/90525/74290/0>.

► **Theme Week at Friends School: Food! Nov. 16-20.** The Meeting community is invited to join the activities of Friends School **Food** Theme Week. Afternoon activities that visitors may observe will include food chemistry, food rituals, edible insects, breads around the world, food and math-measuring (recipes), and wild edibles. On Nov. 18, the students will go on one of four field trips: Tait Farm, Meyer Dairy, PSU Mushroom Barns, or a community supported agriculture project. Visitors may join students on trips.

Of particular interest to visitors (and to the teachers who welcome help) are the cooking activities on Thurs. and Fri. morning, ending in the Food Sharing and Gathering, Fri. from 1:35 to 2:20. Some extra hands would be very helpful for this culminating activity.

If you are interested in helping with food preparation or just observing some of the activities in the classrooms, please use the sheet on the White Board in the Social Room to sign up, so the teachers can plan ahead. It will be fun to have visitors join us for our study of this ever popular topic - FOOD!

► **USQM Meeting for Singing** will be held at Dancing Bear Farm, Lewisburg, on Sat., Dec. 12. We'll begin with a potluck lunch at noon, followed by all manner of singing and music-making. This should be a warm and wonderful afternoon or weekend, please plan to join us! Dancing Bear Farm (home of Therese Miller & Fran McDaniel) is just off I-80 at the Lewisburg exit. Please RSVP to Therese Miller, tmm@horizonworkplace.com or (570)847-8987.

► **Alternative Christmas Fair.** It's hard to believe, but thoughts of Christmas and the holiday season are already upon us. The Fair will be held on Sun., Dec. 6, 11:00 am to 2:00 pm, at the University Baptist and Brethren Church in State College. A homemade lunch and baked goods are available during the Fair. There is a Children's Festival and Alternative Store from 11:00 am to 1:30 pm.

► Registration is open for the **BYM Women's Retreat 2010.** The retreat will be held at the Skycroft Conference Center, Middletown, MD, Jan. 29-31. More details at: www.bymwomensretreat.org. Please register before Dec. 31.

Calendar and Upcoming Events

Nov. 16 PFLAG Thanksgiving Dinner, SCFM, 6 pm. All are invited.

Nov. 16 SCFM Peace & Social Action Committee, 3rd Mon., 7:30, E-75
Foxdale

Dec. 6 SCFM Meeting for Worship for Business

Dec. 6-7 Interfaith Mission bell-ringing at Meyer Dairy. Sign up in the
Social Rm

Dec 12 2:30 tree-trimming at Meeting House

3:30- leave Meeting House to Christmas Carol at Foxdale

Dec 13 Rise of meeting-Christmas Pageant practice/rehearsal

See the websites of BYM (www.bym-rsf.org), PYM (www.pym.org), USQM (usqm.org), SCFM (statecollegefriends.org), State College Friends School ,

FGC (fgcquaker.org) (www.statecollegefriendsschool.org), Pendle Hill (www.pendlehill.org) for further info.

Notices for the weekly Bulletin should be sent by Thurs., 6:00 pm to efgamble@yahoo.com, 404-2831. Notices for the monthly *Newsletter* should be sent in writing to Cynthia Bartok (SCFMnewsletter@gmail.com, 100 Sandy Ridge Rd., State College, 16803) by the third Sat. of the month.