

# Friends Meeting *Weekly Bulletin*

*May the richness of our diversity strengthen our community and our love*

## First Day (Sunday), 11/1/2009

- 9:00 am Meeting for Worship for Business
- 10:00 am Worship Sharing in Foxdale's Meeting Room
- 10:45 am First Day School
- 10:45 am Gather and settle for Worship
- 11:00 am Meeting for Worship
- 12:20 pm Potluck

## Fourth Day (Wednesday), 11/4/2009

- 12:00 pm Campus Meeting for Worship, Pasquerilla Center, Rm 118
- 4:30 pm Midweek Meeting for Worship, Foxdale, E-75

## Sixth Day (Friday), 11/6/2009

- 8:45 am State College Friends School Meeting for Worship

## **No peace vigil Saturday, 11/7/2009**

## First Day (Sunday), 11/8/2009

- 9:45 am Friendly Forum: Kim Morris on Iraq
- 10:00 am Worship Sharing in Foxdale's Meeting Room
- 10:45 am First Day School
- 10:45 am Gather and settle for Worship
- 11:00 am Meeting for Worship

### ▶ **CPT Speakers Tour: Community Centered Vision of Peacemaking.**

Please join us Thurs., Nov. 5th, 7:30 pm at the Meeting House. Thanks to a cancellation of an event in Harrisburg, we have the opportunity to hear a panel of speakers from Christian Peacemakers Team talk about their courageous, work in Palestine and Colombia, and the trans-formative work within CPT as they widen their vision beyond North American roots and build new identities. (see brochure in lobby for more information.)

▶ **Friendly Forum, Nov. 8, 9:45 am, Meeting Room. Kim Morris** will share her experiences in **Iraq** with the Iraqi Legal Education Reform Law Libraries. There will be no Friendly Forums November 1 or 15.

▶ The Friends Meeting sponsored **Peace Vigil**, held on Saturdays, 1:30 to 2:30 pm at the corner of College and Allen has continued for six years. Penn State requests that we do not hold our Vigil in that location on Nov. 7, and we will honor this request. The Vigil will resume on Nov. 14, at 1:30 pm.

### *State College Friends Meeting*

611 East Prospect Ave., State College, PA 16801  
814-237-7051 • [www.statecollegefriends.org](http://www.statecollegefriends.org)

**Gather and settle.** The time from 10:45 to 11:00 am on Sunday is a time for Friends to gather in the meeting room to prepare and settle for worship. Enter whenever you are ready. While we expect silence in the meeting room during that time, we cannot expect silence outside of the meeting room until 11:00.

**Meeting for worship.** State College Friends Meeting welcomes you to our silent, “unprogrammed” worship, ideally led by God’s Spirit. We have no designated ministers. A period of about twenty minutes is needed to center down into inward stillness. Spoken messages come from the spiritual depth of our lives and from the leadings of the Spirit. It is wise to ask oneself these questions before rising to speak: is my message from the Spirit, or from some other place? Is the message for me or for the whole group? Is the time to give it now or at some other time? It is best to follow each message with a period of silence in order to absorb what it has to tell us. When a message speaks to the condition of those present, out of the deepest parts of ourselves, and is harmoniously developed and deepened—and not too long—a profound sense of spiritual community may occur among us that freshens and delights. We call this a “gathered” meeting.

**Closing meeting for worship.** Our time of worship does not necessarily end at noon—it ends when the appointed person, attuned to the spiritual sense of the meeting, recognizes the appropriate moment.

**Contacting Care and Concern.** We hope that Friends will contact members of the Care and Concern Committee to request prayer or to be held in the Light, to request assistance, or to make the committee aware of changes in your lives or of others that you believe should come to the Committee’s attention. Contact Lynne Grutzeck, 237-1862.

**Contributions to the Meeting** are always welcome and needed. Checks may be placed in the donation box in the entry hall or mailed to: State College Friends Meeting, 611 E. Prospect Avenue, State College, PA 16801

**The Meeting office.** Betsy Gamble, the Meeting secretary, is in the office Mon. through Fri., from 5:30 -6:30 pm. She may be reached by e-mail, [office@statecollegefriends.org](mailto:office@statecollegefriends.org), or by phone, 237-7051. Please let her know of any scheduled meetings or events in the buildings so scheduling conflicts can be avoided. Scheduling of non-standard tasks should be done through Louise Sandmeyer.

**Bulletin and Newsletter.** Bulletins and newsletters are available on the Web. Go to [www.statecollegefriends.org](http://www.statecollegefriends.org) and chose Bulletin or Newsletter. The Newsletter can be received by mail or email. To be added to the mailing list, send your name, address and zip code to the meeting office. To receive announcements, newsletter notification and

▶ Recording Clerk, Dorothy Habecker has a new email:  
[dorothyhab@gmail.com](mailto:dorothyhab@gmail.com).

▶ **The Newsletter is Now Electronic!** The newsletter presents Meeting with several resource challenges —money, paper, time, and effort. In an effort to be more “green” while saving money and time, we are making the newsletter available in electronic form: from the meeting website or as an email attachment. You will not receive any subsequent newsletters unless you contact the meeting office with your preference for newsletter format and delivery method. If you did not receive the November newsletter, or wish to change the format you received, contact Betsy Gamble in the meeting office ([office@statecollegefriends.org](mailto:office@statecollegefriends.org) or 237-7051). Address questions or concerns to Cynthia Bartok at 238-1323 or [SCFMnewsletter@gmail.com](mailto:SCFMnewsletter@gmail.com)

▶ **Weis Gift Cards.** To benefit SC Friends Meeting, purchase Weis gift cards in multiples of \$25 through Dean Tuttle. They can be used the same as cash at Weis Markets and Weis will contribute a percentage of your purchase total to the meeting. Checks must be made out to: **State College Friends Meeting.**

▶ **”Getting Past 'Us Versus Them”:** How Conflict Management Techniques Have Worked in the Israeli-Palestinian Conflict," Friends Meeting, Sun., Nov. 1, 2:30-5:30 p.m. Interactive seminar featuring Kristen Loken, member of Fellowship of Reconciliation, experienced in mediation in Middle East, and Quaker from West Virginia; and Jessica Arends, of the Alternatives to Violence project, and member of State College Friends Meeting. Sponsored by Appalachian Zen House.

▶ **Intergenerational Breakfast.** On Sunday, Nov. 15, 9:30 a.m., we're having our annual intergenerational breakfast, to provide a special opportunity for friends of all ages in the Meeting to get to know each other a little more. We'll be feasting on breads, muffins, hard-boiled eggs and fruit. Juice, coffee and tea will also be available. We hope to see you there! --Ellen, Peg & Jill

▶ **Peace & Social Action Committee Requests Input.** The Committee would like to invite input from the whole meeting, so that we can best discern what directions the committee should take. We would appreciate email, verbal, and written responses to the following questions:

1. What can you share with us about your own peace and social action work? We fully recognize that there are many different levels of practicing the peace testimony and think that the community will benefit from knowing itself better, so please don't be shy about sharing.
2. What do you think of the work we have been doing?
3. What areas/ projects do you want to see the committee/meeting involved in?
4. Would you like to help on some Peace & Social Action effort? Please let us know and give us your contact information.

Thank you, on behalf of the Peace and Social Action Committee, Denise DeGeorge, 234-4830

► **1Theme Week at Friends School: Food!, Nov. 16-20.** Meeting members and attenders are invited to join in the activities that will happen during Friends School **Food** Theme Week. Afternoon classroom activities that visitors may observe during the week will include food chemistry, food rituals, edible insects, breads around the world, food and math-measuring (recipes), and wild edibles. On Wed. afternoon, Nov. 18, the students will go on one of four field trips: Tait Farm, Myer Dairy, PSU Mushroom Barns, or a community supported agriculture project. Visitors can accompany students on these trips.

Of particular interest to visitors (and to the teachers who welcome help) are the cooking activities on Thurs. and Fri. mornings (11/19 & 20), ending in the Food Sharing and Gathering, Fri. from 1:35 to 2:20. Some extra hands would be very helpful for this culminating activity.

If you are interested in helping with food preparation or just observing some of the activities in the classrooms, please use the sheet on the White Board in the Social Room to sign up, so the teachers can plan ahead. It will be fun to have visitors join us for our study of this ever popular topic - FOOD!

► **FCNL Action Alert: Watch PBS on Nov. 3:** Did you know that at least 10% of the United States' energy comes from Native American lands? Tune in to your PBS station (check your local listings) to watch the film Power Paths. This documentary follows the efforts of American Indian tribes as they explore ways to bring renewable energy projects into their communities.

**Afghanistan: How to End the War:** FCNL's foreign policy lobbyist, Jim Fine, has identified four ways you can work with Congress to build support for a new U.S. policy in Afghanistan: See website for details: <http://action.fcnl.org/r/89480/74290/0>. Over the next eight months, with your help, **we believe we can build enough opposition to a long-term, large-scale military presence in Afghanistan to set the United States on a course of de-escalation and withdrawal.**

**Senate to Consider Health Care Public Option.** Last week we asked you to get into the back rooms of the Senate and advocate for "the least of these" who need a public option. Your emails and phone calls are helping. Senate Majority Leader Harry Reid (NV) announced Mon. that he will include the government insurance in the health care reform legislation that the full Senate will begin considering soon. **Keep up the momentum and take action today!**

► **Eyewitness to Genocide, Erasing the Distinction of "Other"**

Carl Wilkens, the only American to choose to stay in Rwanda after the genocide began in 1994, prevented the massacre of hundreds of people. Featured in Frontline's Ghosts of Rwanda and The Few Who Stayed, Wilkens' story reminds us of the profound connection between history and the moral choices we face each day. His experience with the power of human relationships as the difference between life and death challenges us to explore our own biases against those we characterize as "OTHER." Wed., Nov. 4, 7 pm, 112 Chambers, Penn State. Seating is limited; doors will open at 6:30pm.

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## Calendar and Upcoming Events

**Nov.12-15** FCNL Annual Meeting, Washington, DC, see [www.fcnl.org](http://www.fcnl.org)

**Nov. 14** PYM Quaker College Fair, 11 am – 2 pm, contact Kori Heavner at 215-241-7116 or [FAHE@quaker.org](mailto:FAHE@quaker.org).

**Nov. 16** PFLAG Thanksgiving Dinner, SCFM, 6 pm. All are invited.

**Nov. 16** SCFM Peace & Social Action Committee, 3<sup>rd</sup> Mon., 7:30, E-75 Foxdale

**Dec. 6-7** Interfaith Mission bell-ringing at Meyer Dairy. Sign up in the Social Rm.

See the websites of BYM ([www.bym-rsf.org](http://www.bym-rsf.org)), PYM ([www.pym.org](http://www.pym.org)), USQM ([usqm.org](http://usqm.org)), SCFM ([statecollegefriends.org](http://statecollegefriends.org)), State College Friends School, FGC ([fgcquaker.org](http://fgcquaker.org)) ([www.statecollegefriendsschool.org](http://www.statecollegefriendsschool.org)), Pendle Hill ([www.pendlehill.org](http://www.pendlehill.org)) for further info.

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Notices for the weekly Bulletin should be sent by Thurs., 6:00 pm to [efgamble@yahoo.com](mailto:efgamble@yahoo.com), 404-2831. Notices for the monthly *Newsletter* should be sent in writing to Cynthia Bartok ([SCFMnewsletter@gmail.com](mailto:SCFMnewsletter@gmail.com), 100 Sandy Ridge Rd., State College, 16803) by the third Sat. of the month.